Be a part of the **180 Fitness Team** in Roanoke, VA as a **Certified Personal Trainer**!

* The club is a private studio with exceptional amenities that include TRX/Functional Area, Hammer Strength/LifeFitness equipment, dumbbells that go from 2.5-100 pounds, and much more.
* Expect to work hard acquiring new clients from self generated leads as well as leads from the Lead Trainer. From there the possibilities are endless, with a very high hourly rate when you train clients plus an added commission structure with Roanoke FPS makes this company appealing to top trainers looking to grow and develop their craft.

**Essential Duties & Responsibilities:**

* Demonstrate the value of personal training by creating an outstanding personal training experience for new and existing clients
* Make the gym experience easy to follow by guiding and educating members and clients on comprehensive fitness programs as well as food prep services
* Motivate and inspire clients to get results by setting goals, creating customized workout plans and tracking progress
* Prepare and deliver comprehensive fitness programs based on clients goals that include appropriate exercise selection and teaching a fitness lifestyle.
* Ability to work at multiple locations across the Roanoke Valley

**Qualifications:**

* Understand the principles of physical fitness and proper exercise technique
* Able to coach, motivate and inspire members at every stage of their fitness journey
* Present and sell training and nutritional products
* Provide exceptional customer service and build a loyal client base
* Prior Personal Trainer experience is preferred, but not required

**Certifications / Educational Requirements:**

* High School Diploma or GED
* Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) certification
* Degree in Kinesiology, Exercise Fitness or related field or an approved Personal Training Certification (listed below):
* ACSM, ACE, Cooper Institute for Aerobics Research, C.H.E.K, IFPA, NASM, NCSF, NESTA, NETA, NFPT, NSCA, PTA Global, W.I.T.S.

**Compensation**

* Hourly Rate, Session Premium, Commission

Job Types: Full-time, Part-time, Commission

Experience:

* Personal Training: 1 year (Preferred)

Education:

* High school or equivalent (Preferred)

License:

* Certified Personal Trainer
* CPR/AED Certification